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## **Devoted: Table Prayer, Part I**

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*March 11, 2026 A.D. + 6:30 p.m. + Zion Lutheran Church + Wausau, Wisconsin*

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Midweek Preaching Series:

## **DEVOTED: Praying Day by Day**

*Every Wednesday in Lent + 12:15 and 6:30 PM*

### **Devoted: Praying Day by Day**

*Lord, teach us to pray.* With our Lord, we will seek a deeper and more focused practice of daily prayer. Our guide will be Holy Scripture and the Daily Prayers provided in the Small Catechism. They teach us to mark morning, evening, and mealtime with remembrance of Holy Baptism, the Word of God, petition, and thanksgiving.

*February 18: Practicing Your Righteousness*

*February 25: Keep Me This Day: Morning Prayer*

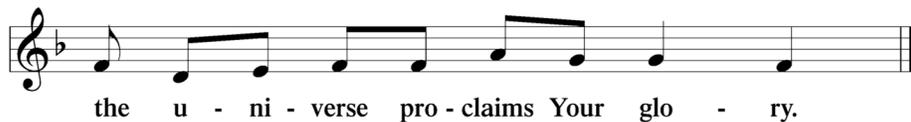
*March 4: Keep Me This Night: Evening Prayer*

**March 11: Table Prayer: Asking a Blessing**

**March 18: Table Prayer: Returning Thanks**

**March 25: Keep Watch with Me**





P: Blessèd are You, O Lord our God, king of the universe, who led Your people Israel by a pillar of cloud by day and a pillar of fire by night. Enlighten our darkness by the light of Your Christ; may His Word be a lamp to our feet and a light to our path; for You are merciful, and You love Your whole creation and we, Your creatures, glorify You, Father, Son, and Holy Spirit.



*Please kneel.*

### PSALMODY *Psalm 141*





the lift - ing up of my hands as the eve - ning sac - ri - fice.



**I** O Lord, I call to You; come to me quick - ly; hear my voice



when I cry to You. **C** Let my prayer rise be - fore You as in - cense,



the lift - ing up of my hands as the eve - ning sac - ri - fice.



**II** Set a watch be - fore my mouth, O Lord, and guard the door of my lips.



**I** Let not my heart in - cline to an - y e - vil thing;



let me not be oc - cu - pied in wick - ed - ness with e - vil - do - ers.



**II** But my eyes are turned to You, O God; in You I take ref - uge.



Strip me not of my life. **C** Glo - ry be to the Fa - ther and



to the Son and to the Ho - ly Spir - it; as it was in  
the be - gin - ning, is now, and will be for - ev - er. A - men.  
Let my prayer rise be - fore You as in - cense,  
the lift - ing up of my hands as the eve - ning sac - ri - fice.

*Silence for reflection.*

P: Let the incense of our repentant prayer ascend before you, O Lord, and let your lovingkindness descend upon us, that with purified minds we may sing your praises with the Church on earth and the whole heavenly host, and may glorify you forever and ever.

**C: Amen**

*Please be seated.*

**PSALMODY** *Psalm 145:10-21*

P: All your works shall give thanks to you, O LORD,

**C: and all your saints shall bless you!**

P: They shall speak of the glory of your kingdom and tell of your power, to make known to the children of man your mighty deeds,

**C: and the glorious splendor of your kingdom.**

P: Your kingdom is an everlasting kingdom, and your dominion endures throughout all generations.

**C: The LORD is faithful in all his words and kind in all his works.**

P: The LORD upholds all who are falling and raises up all who are bowed

down.

**C: The eyes of all look to you, and you give them their food in due season.**

P: You open your hand; you satisfy the desire of every living thing.

**C: The LORD is righteous in all his ways and kind in all his works.**

P: The LORD is near to all who call on him, to all who call on him in truth.

**C: He fulfills the desire of those who fear him; he also hears their cry and saves them.**

P: The LORD preserves all who love him, but all the wicked he will destroy.

**C: My mouth will speak the praise of the LORD, and let all flesh bless his holy name forever and ever.**

*Silence for reflection.*

## **PSALM PRAYER**

P: Loving Father, you are faithful in your promises and tender in your compassion. Listen to our hymn of joy, and continue to satisfy the needs of all your creatures, that all flesh may bless your name in your everlasting kingdom, where with your Son and the Holy Spirit you live and reign, now and forever.

**C: Amen**

**HYMN** "Be Still, My Soul, Before the Lord"

... LSB #771

## **LESSON** 1 Timothy 4:1-10

<sup>1</sup>Now the Spirit expressly says that in later times some will depart from the faith by devoting themselves to deceitful spirits and teachings of demons, <sup>2</sup>through the insincerity of liars whose consciences are seared, <sup>3</sup>who forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth. <sup>4</sup>For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, <sup>5</sup>for it is made holy by the word of God and prayer. <sup>6</sup>If you put these things before the brothers, you will be a good servant of Christ Jesus, being trained in the words of the faith and of the good doctrine that you have followed. <sup>7</sup>Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; <sup>8</sup>for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. <sup>9</sup>The saying is trustworthy and deserving of full acceptance. <sup>10</sup>For to this end we toil and strive, because

we have our hope set on the living God, who is the Savior of all people, especially of those who believe.

P: The Word of the Lord.

C: **Thanks be to God.**

**CATECHISM** Daily Prayer: Asking a Blessing

p. 327

**LESSON** Mark 8:1-10

<sup>1</sup>In those days, when again a great crowd had gathered, and they had nothing to eat, he called his disciples to him and said to them, <sup>2</sup>"I have compassion on the crowd, because they have been with me now three days and have nothing to eat. <sup>3</sup>And if I send them away hungry to their homes, they will faint on the way. And some of them have come from far away." <sup>4</sup>And his disciples answered him, "How can one feed these people with bread here in this desolate place?" <sup>5</sup>And he asked them, "How many loaves do you have?" They said, "Seven." <sup>6</sup>And he directed the crowd to sit down on the ground. And he took the seven loaves, and having given thanks, he broke them and gave them to his disciples to set before the people; and they set them before the crowd. <sup>7</sup>And they had a few small fish. And having blessed them, he said that these also should be set before them. <sup>8</sup>And they ate and were satisfied. And they took up the broken pieces left over, seven baskets full. <sup>9</sup>And there were about four thousand people. And he sent them away. <sup>10</sup>And immediately he got into the boat with his disciples and went to the district of Dalmanutha.

P: The Word of the Lord.

C: **Thanks be to God.**

**HYMN** "Come, My Soul, with Every Care"

... LSB #779

**SERMON** "Table Prayer: Asking a Blessing"

**VERSICLES**

P: In many and various ways God spoke to his people of old by the prophets.

C: **But now in these last days he has spoken to us by his Son.**

*Please stand.*

# MAGNIFICAT

*Refrain*

My soul mag-ni - fies the Lord, and my spir - it re -

joic - es in God, my Sav - ior. My soul mag-ni-fies the

Lord, and my spir - it re - joic - es in God, my Sav - ior.

- 1 For \_\_\_\_\_ He has re - garded
- 2 For the Mighty One has done great things to . . . . . me,
- 3 He has shown strength with His . . . . . arm;
- 4 He has filled the hungry with good . . . . . things,
- 5 Glo - ry be to the Father and to the . . . . . Son

- 1 the lowliness of . . . . . His hand-maiden.
- 2 and holy . . . . . is His name;
- 3 He has scattered the proud in the imagination of their hearts.
- 4 and the rich He has sent emp - ty a - way.
- 5 and to the . . . . . Ho - ly Spirit;

- 1 For be - hold, from this . . . . . day
- 2 and His mercy is on those who . . . . . fear Him
- 3 He has cast down the mighty from their . . . . . thrones
- 4 He has helped His servant Israel in remembrance of His mercy
- 5 as it was in the be - ginning,

- 1 all generations will . . . . . call me blessèd.
- 2 from generation to . . . . . gen - er - ation. *Refrain*
- 3 and has exalt - ed the lowly.
- 4 as He spoke to our fathers, to Abraham and to his seed for - ever.
- 5 is now, and will be forever. . . . . A - men. *Refrain*

*Please kneel.*

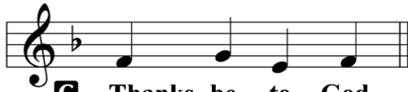
## LITANY

*Each petition will end with "let us pray to the Lord," to which the congregation responds,*



**C** Lord, have mer - cy.

P: For the faithful who have gone before us and are at rest, let us give thanks to the Lord.



**C** Thanks be to God.

P: Help, save, comfort, and defend us, gracious Lord.

**C:** *(silence for meditation)*

P: Rejoicing in the fellowship of all the saints, let us commend ourselves, one another, and our whole life to Christ, our Lord.



**C** To You, O Lord.

## EVENING PRAYER



P: I thank you, my heavenly | Father\*,

**C:** through Jesus Christ, | your dear Son,

that you have | graciously\*

kept | me this day;



## HYMN "Abide with Me"



1 A - bide with me, fast falls the e - ven - tide.  
6 Hold Thou Thy cross be - fore my clos - ing eyes;



The dark - ness deep - ens; Lord, with me a - bide.  
Shine through the gloom, and point me to the skies.



When oth - er help - ers fail and com - forts flee,  
Heav'n's morn - ing breaks, and earth's vain shad - ows flee;



Help of the help - less, O a - bide with me.  
In life, in death, O Lord, a - bide with me.

## POSTLUDE

"Preludio, op. 56, no. 1"

Alexandre Guilmant (1837-1911)

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### **Serving at Worship**

Presiding: The Rev. Dr. Steven K. Gjerde

Organist: Kantor Jacob Drengler

Acolyte: Tessa Wash

Ushers: Jack Johnson, Kenli Kulesa, Harley Renken

**Church Offerings** may be placed in the wall-box to the left of the chapel chancel.

### **Acknowledgements**

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*“Abide With Me”: Text and Tune: Public Domain.*





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